



Curriculum Vitae
Informacione Personale

Emër / Mbiemër

Adresa

Mobile

E-mail

Shtetësia

Datëlindja

Seksi

• **Robert Çitozi**

• Rr: Haxhi.H.Dalliu, P.12, Shk.1, Ap.13, Tiranë

• Cel:+355693696467

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• rcitozi@ust.edu.al

• Shqiptare

• 14 Prill 1966

• Mashkull

Patenta	<ul style="list-style-type: none"> • Patentë për makine të gradës së 4^{të}.
Eksperiencat në punë Datat	<ul style="list-style-type: none"> • Shtator 1989. Nga student As/Pedagog në ILKF "Vojo Kushi" • Maj 1991-Shkurt 1994. Emigrant në Gjermani. • Prill 1994-Prill 2000 Pedagog në AEFS. • Prill 2000-Mars 2009 Drejtor Shitjesh në disa kompani private. • 2009 - 2011 Drejtues e Pronar i Palestres "We are Nr-1" • Mars 2010 - Tetor 2018 Pedagog pranë UST. • Maj 2013 - Përgjegjës i Dep. të Vep. Fizike Rekreative e Turizmit. • Prill 2016 - Anëtar i Senatit Akademik UST. • Korrik 2018 – 2020 - Zv.Rektor për anën mësimore. • Shtator 2020 – Janar 2023 Anëtar i Senatit Akademik UST. • Prill 2022 – Janar 2023 Koordinator i Doktoraturës në FVFR • Shtator 2018 – Janar 2023 Anetar i Bordit te Akademise Olimpikë • 2022-2023 Anetar i Bordit Egzekutiv te ALBSA-AIS
Puna ose pozicionet e mbuluara	<ul style="list-style-type: none"> • Pedagog, Menaxher, Prezantues Televiziv.

Formimi dhe Njohuritë

Datat

- 1986-1989 ILKF “Vojo Kushi”, sot “Universiteti i Sporteve të Tiranës”, Diploma; Mësues i Edukimit Fizik (Specialiteti Sporte Ndeshëse)
- 1995- Marr titullin "Doktor i Shkencave"
- 1994- Dëshmi Gjuhë e Huaj (Anglisht), (Gjermanisht) Universiteti i Tiranës, Fakulteti i Gjuhëve të Huaja, Tiranë Shqipëri.
- 1999-Dëshmi e Programeve Bazë të Kompjuterit.
- 1999-Specializim Tempus 3 Mujor në Kopenhagen Danimarkë.
- 2011-Mbarim i Çertifikimit Online në USA duke marrë Titullin Dietolog Sportiv.
- 2012/2017- Kater çertifikime online ne *Coursera* per Dietologji Sportive dhe Trainingun Sportiv.

Tematikat kryesore/kompetencat profesionale

Niveli i klasifikimit kombëtar dhe ndërkombëtar

- Punë kërkimore shkencore në fushën e shkencave sportive, Mësimdhënie, Dietologji, Turizem Sportiv, Animacion.

Gjuha e nënës

Gjuhë të tjera

Vetëvlerësimi

- **"Doktor i Shkencave"**
- **"Profesor i Asociuar" nga 02.03. 2015**

- **Shqip**

- **Anglisht e Gjermanisht**

Niveli europian ()*

Kuptimi				E folur				E shkruar	
Dëgjimi		Leximi		Ndërveprimi gojor		Riprodhimi gojor			
E	Sh. Mirë	E	Sh. Mirë	E	Sh. Mirë	E	Sh. Mirë	E	Sh. Mirë
N		N		N		N		N	
G	Sh. mirë	G	Sh. Mirë	Ge	Sh. Mirë	G	Sh. Mirë	G	Sh. mirë
e		e		e		e		e	

(*) *Kuadri i përgjithshëm europian i referimit për gjuhët*

**Kapacitete dhe
kompetenca organizative**

**Kapacitete dhe
kompetenca informatike**

**Bibliografia e Punëve
Shkencore**

Bashkengjitur

- Kapaciteti për të punuar në grup. Kapacitet për të punuar për kohë të gjatë.
 - Njohuri shumë të mira të Kompjuterit dhe të programeve standarte të Windows dhe paketave të punës Microsoft dhe Internet Explorer.
1. Studimi-"Nutrition and Health Behavior in Children" (Poster) Autore: a-Robert Çitozi, 2-Ikonomi Edison, 3-Qeleshi Anesti "Research and Applications in Sports Science" 6-8 May, 2011. Stadium of *Peace and Friendship*, Athens. National & Kapodistrian University of Athens Department of Physical Education & Sports Science Congress of Sports Science.
 2. Studimi: "The Relationship Between Healthy Nutrition And BMI In 9-11 Years Old Children"(Oral) Autor: Dr. Robert Çitozi. 4thAnnual International Conference "Physical Education, Sports and Health" held November 19nd 2011, Pitesti, Romania.
 3. Studimi: "Eating behaviors and physical activity in Albanians 9-11 years old children" (Oral) Autor: Dr. Robert Çitozi, Genti Pano. 6th INSHS International Christmas Sport Scientific Conference, 11-14 December 2011. International Network of Sport and Health Science. Szombathely, Hungary.www.redalyc.org/pdf/3010/301023534017.pdf
 4. Studimi: "Sports and Adventure Tourism, Development Opportunities in Albania and the Curriculum of University of Sport of Tirana in this Regard" (Oral). Autor: Dr. Robert Çitozi. 1st Winter Summit at the Anatolian Summit (WISAS) "Collaborative Projects on Tourism, Sports, Bio-Diversity and Global Changes" February 23-26, 2012, Ataturk University Erzurum/TÜRKİYE. <http://esruc.atauni.edu.tr/>
 5. Studimi:"The prevalence of overweight and obesity on a sample of students from Sports University of Tirana and their eating habits"(Oral) Autorë: Dr. Robert Çitozi, Dhurata Bozo. International Scientific Conference "Perspectives in Physical Education and Sport" 18-19 May 2012, Ovidius University of Constanta, Romania.
 6. Studimi: "The opinion of Albanians high school student about physical education and sport" (Oral) Autor: Dr. Robert Çitozi. 3rd Eurasian Silk Road Universities Convention (ESRUC) "Most Successful Projects in Your Administration" 13-15 October 2012 Ataturk University Erzurum/TÜRKİYE. <http://esruc.atauni.edu.tr/>
 7. Studimi: "Habits in healthy nutrition, obesity, alcohol, smoking, among students of the Sports University of Tirana" (Oral) Autor: Dr. Robert Çitozi, Dhurata Bozo. 8th INSHS International Christmas Sport Scientific Conference, 05-07 December 2013. International Network of Sport and Health Science. Szombathely, Hungary. Website: <http://xmas.digitfest.com/wp/>
 8. Studimi:"Healthy Eating Behavior on Children's And The Role Of Family Modeling" (Oral) Autor: Elton Spahiu, Dr. Robert Çitozi, Erton Zekaj. 8th INSHS International Christmas Sport Scientific Conference, 05-07 December 2013. International Network of Sport and Health Science. Szombathely, Hungary. Website: <http://xmas.digitfest.com/wp/>

9. Studimi: "Influence Of Altitude Training On Aerobic Performance" (Oral) Autor: Agron Kasa, Egreta Peja, Robert Çitozi. 8th INSHS International Christmas Sport Scientific Conference, 05-07 December 2013. International Network of Sport and Health Science. Szombathely, Hungary. Website: <http://xmas.digitfest.com/wp/>
10. Studimi: "Chronic Fatigue Syndrome and Physical Activity Benefits" (*A Review*). MSc. Pano. G. Dr. Çitozi. R. Prezantim Oral në International Conference in Sport Science Tirana (Albania), 5-6 May 2014. Organizuar nga Universiteti i Sporteve të Tiranës.
11. Studimi: "Assessment of physical activity level in office employees groups in Albania". Dhurata Bozo. Genti Pano, Robert Çitozi. Vol 8, No 2Proc (2013) Special Issue; Supplementary Issue: 7th INSHS International Christmas Sport Scientific Conference, 9-12 December 2012, Frequency: 4 issues/per year, ISSN: 1988-5202, doi:10.4100/jhse.2012, 8.Proc2.19.
12. Studimi: "The Contribution of Faculty of Physical Activity and Recreation in the Development of Sport Tourism in Albania" Robert Citozi, Roland Palushi, Elton Spahiu. Journal of Human Sport and Exercise 10(Proc1) · December 2014.
13. Studimi: "Outdoor Adventure Activity Benefits and the Contribution of Adventure Tourism in Local Development. Roland Palushi, Robert Citozi, Agron Kasa. onference: The 10th International INSHS Christmas Sport Scientific Conference 4-5 December Szombathely, Hungary., At Szombathely, Hungary
14. Studimi: "Outdoor Recreation Contribution Against Sedentary Lifestyle and Negative Health Consequences". Robert Citozi, Agron Kasa, Genti Pano. Conference: Christmas 9-th Sport Conference Szombathely, Hungary.
15. Studimi: " Functional Exercise in Children and Impact on Coordination Skills and Motor Performance". Erton Zekaj, Robert Citozi. Conference: The 10th International INSHS Christmas Sport Scientific Conference 4-5 December Szombathely, Hungary., At Szombathely, Hungary
16. Studimi: " The Role of Hiking Activities in Improving Balance Skills". Robert Citozi, Agron Kasa, Egreta Peja. The 10th International INSHS Christmas Sport Scientific Conference 4-5 December Szombathely, Hungary., At Szombathely, Hungary
17. Studimi: "Eating Habits Among Adolescents in Albania" Elton Spahiu, Robert Citozi, Spartak Bozo. Conference: International Symposium Research and Education in an Innovation Era 6th Edition, December 8th-10th, 2016. Arad. Romania.
18. Studimi: "Habits in healthy nutrition, obesity, alcohol, smoking, among students of the Faculty of Physical Activity and Recreation 2016". Robert Citozi, Spartak Bozo, Elton Spahiu. Conference: International Symposium Research and Education in an Innovation Era 6th Edition, December 8th-10th, 2016. Arad. Romania.
19. Studimi: "Eating Habits, Physical Activity and Lifestyle, Healthy and Unhealthy Dietary Habits and Food in an Albanian Students Group of Sports University of Tirana" Robert Citozi, Spartak Bozo, Ferdinand Mara... Faculty of Sport and Physical Education, University of Niš in cooperation with the Ministry of Education, Science and Technological Development of the Republic of Serbia organizes XX International Scientific Conference FIS COMMUNICATIONS 2017, 19-21 October 2017.

20. Studimi: “Adventure Tourism Future in the Region of Theth, Albania” Robert Çitozi. International Interdisciplinary Conference: “Continuity & Change; Balkans in European, and Global Context” [Balanced Perspective of Past, Present & Future] University of Mitrovica Isa Boletini, Kosova. 16-17 November 2018, Mitrovica, Kosova;
21. Studimi: “Needs for curriculum changes in line with changes in labour market demand, in Sports University of Tirana” Robert Çitozi, Cuka Agron, Misja Bardhyl. International Symposium Research and Education in an Innovation Era 8th Edition, May 23th-25th, 2019 THE MINISTRY OF NATIONAL EDUCATION UNIVERSITY “AUREL VLAICU“ OF ARAD, Romania, 310130 Arad, B-dul Revolutiei nr. 77, P.O. BOX 2/158 AR tel / fax : 0040-257- 280070;tel. 0040-257- 283010 <http://www.uav.ro> e-mail: rectorat@uav.ro
22. Studimi: “Importance of walking and aerobic exercises in improving physical performance and weight loss” Jorida Cobaj, Robert Citozi International Symposium Research and Education in an Innovation Era 8th Edition, May 23th-25th, 2019 THE MINISTRY OF NATIONAL EDUCATION UNIVERSITY “AUREL VLAICU“ OF ARAD, Romania, 310130 Arad, B-dul Revolutiei nr. 77, P.O. BOX 2/158 AR tel / fax : 0040-257- 280070;tel. 0040-257- 283010 <http://www.uav.ro> e-mail: rectorat@uav.ro
23. Studimi: HBSC "HEALTHY BEHAVIORS OF 11, 13 AND 15 YEARS OLD CHILDREN IN THE CITY OF RRESHEN" International Conference in Sport Science Tirana (Albania), December 2019. Organizuar nga Universiteti i Sporteve te Tiranës. Prezantim oral.
24. Studimi: “The importance of the presence of the tourist animator as a professional figure in a resort or tourist village” Robert ÇITOZI, Albert PALI & Benon PALOKA. 15th International Interdisciplinary Conference: “COMPARATIVE STUDIES IN MODERN SOCIETY; BALKANS IN EUROPEAN AND GLOBAL CONTEXT” (Postponed from November 2020 to 19-20 March 2021 due to Covid-19 Pandemic)

Autorizoj përdorimin e të dhënave të mia personale në bazë të Dekretit Legjislativ të 30 qershorit 2003, n. 196 "Kodi i mbrojtjes së të dhënave personale (fakultativ)".

Me Respekt

Prof.Asc.Dr. Robert Çitozi

Firma

A handwritten signature in blue ink, appearing to read 'Ritozi', with a stylized flourish extending downwards.