



**REPUBLIC OF ALBANIA
SPORTS UNIVERSITY OF TIRANA
FACULTY OF PHYSICAL ACTIVITY AND RECREATION**

**STUDY PROGRAM
MASTER OF SCIENCE IN PHYSICAL ACTIVITY AND HEALTH
(120 ECTS)**

No.	FIRST YEAR	Credits
	Subjects	
1.	Biomedical Knowledge	7
2.	Physical Activity in Sports Games	9
3.	Research	12
4.	Kinesiology	18
5.	Tourism	7
6.	Elective subject	7

No.	SECOND YEAR	Credits
	Subjects	
1.	Training	14
2.	Physical Activity in Individual Games	9
3.	Physical Activity and Health	5
4.	Training - Experimentation	7
5.	Social Sciences	5
6.	Business Management	8
7.	Thesis	12

STUDY PROGRAM
PROFESSIONAL MASTER IN SPORTS AND TOURISM MANAGEMENT
(60 ECTS)

No.	FIRST SEMESTER	Credits
	Subjects	
1.	Sports Governance	5
2.	Sports and Tourism Management	6
3.	Legal Aspects and Management Policies in Sport	8
4.	Information and Communication Technology/ICT	3
5.	Elective Subject	3
6.	Measurement and Evaluation in Sports Management	5
7.	Winter Outdoor activities	2

No.	SECOND SEMESTER	Credits
	Subjects	
1.	Psychosocial Aspects of Sports Management;	8
2.	Sports and Tourism Marketing	5
3.	Economy and Accounting in Sports and Tourism	5
4.	Institutional Governance	3
5.	Summer Outdoor Activities	2
6.	Graduation Exit Exam	5

STUDY PROGRAM
PROFESSIONAL MASTER IN PHYSICAL ACTIVITY AND RECREATION – FITNESS TRAINER
(60 ECTS)

No.	FIRST SEMESTER	Credits
	Subjects	
1.	Social Sciences	4
2.	Organisation and Management	4
3.	Movement Therapy	7
4.	Recreational Tourism	4
5.	Elective Subject	4
6.	Professional Development	3

No.	SECOND SEMESTER	Credits
	Subjects	
1.	Sports Games	7
2.	Individual Recreational Sports Disciplines	7
3.	Personal Training	8
4.	Elective Subject	4
5.	Internship/Professional Practice	5
6.	Graduation Exit Exam	7