



**REPUBLIC OF ALBANIA
SPORTS UNIVERSITY OF TIRANA
FACULTY OF MOVEMENT SCIENCES**

**STUDY PROGRAM: BACHELOR OF “MOVEMENT SCIENCES”
(180 ECTS)**

No.	FIRST YEAR	Credits
	Subjects	
1.	Social science humanities and Sport	9 ECTS
2.	Human and Functional Anatomy	7 ECTS
3.	Bio- sciences and Health Education	6 ECTS
4.	Athletics	4.5 ECTS
5.	Basketball	4 ECTS
TOTAL FIRST SEMESTER		
6.	Social science humanities and Sport	7 ECTS
7.	Bio- sciences and Health Education	6 ECTS
8.	Sports management	7 ECTS
9.	Athletics	2.5 ECTS
10.	Basketball	3 ECTS
11.	Foreign language	4 ECTS
TOTAL SECOND SEMESTER (OF FIRST YEAR)		

No.	SECOND YEAR	Credits
	Subjects	
1.	Exercises physiology and Biomechanics	5 ECTS
2.	Scientific Research Methodology	6 ECTS
3.	Gymnastics	6.5 ECTS
4.	Volleyball	4 ECTS
5.	Combat sports	9 ECTS
TOTAL FIRST SEMESTER		
6.	Exercises physiology and Biomechanics	11 ECTS
7.	Scientific Research Methodology	2 ECTS
8.	Optional subject	3 ECTS
9.	Gymnastics	4.5 ECTS
10.	Volleyball	3 ECTS
11.	Combat sports	6 ECTS
TOTAL SECOND SEMESTER (OF SECOND YEAR)		

No.	THIRD YEAR	Credits
	Subjects	
1.	Theory and Methodology of Sports Training	6 ECTS
2.	Motor behavior, physical activity and aging	10 ECTS
3.	Pedagogy and Didactic of sport	3 ECTS
4.	Sports medicine	7 ECTS
5.	Football	4 ECTS
TOTAL FIRST SEMESTER		
6.	Theory and Methodology of Sports Training	11 ECTS
7.	Pedagogy and Didactic of sport	2 ECTS
8.	Sports medicine	3 ECTS
9.	Movement therapy	4.5 ECTS
10.	Football	3 ECTS
11.	Internship/ Professional practice	4 ECTS
12.	Concluding obligations	5 ECTS
TOTAL SECOND SEMESTER (OF THIRD YEAR)		