

PROGRAMME ICSS 2017

Thursday 2th November (Guest Lecturers/ Participants Arrival)

Arrival Accommodation – Hotel "Doro" (for the guest lecturers)

13:00 – 14:30 Lunch at “Doro” Hotel (guest lecturers)

20:00 – 22:00 Dinner at “Doro” Hotel (guest lecturers)

Friday 3th November

09:00 – 10:00 Registration of the participants (Rectorate Building)

Opening Ceremony (Conference Hall, UST)

10:00 – 10:10 Welcome Address, Prof. Dr Agron Cuka - President ICSS 2017/ Rector, Sports University of Tirana

10:10 – 10:15 Ministry of Education, Sports and Youth representative Speech

10:15- 10:20 Prof Dr Vullnet Ameti, Rector State University of Tetova

10:20- 10:25 Prof. Dr. Vasile Liviu Andrei - Dean of the Faculty of Physical Education and Sport from Aurel Vlaicu University of Arad

Plenary Session 1 (Guest lecturers) (Conference Hall, UST)

10:30 – 12:00

Moderators: *Prof. Dr. Robert Cina; Prof. Asc. Dr. Ferdinand Mara*

Guest Lecturers

Prof. Asc. Dr. Argyris Toubekis Phd "Training load estimation and sports performance"

Dr. Ardelean Viortel Petru "The importance of kinematic motion analysis - application in martial arts"

Prof. Dr. Vullnet Ameti "Relationship and influence of body mass index and skin folds on some motor abilities in 14 years old students"

Prof. Asc. Dr. Musa Selimi "The role of the volleyball coach"

Prof. Asc. Bexhet Toci " The role of athletics in the development of motor skills"

Dr. Edmond Biiçoku " Sports role in body development in children of the age group 9-11 years old in our country"

Session 2 Physical Education/ Training and Performance (Rectorate building 3rd floor , UST)

12:30 – 14:00

Moderator: *Prof. Asc.Dr. Argyris Toubekis Phd; Prof. Asc. Dr. Arben Kacurri*

Oral Presentation (8-10 min presentation+ 2 min discussion)

..in continue oral presentations (refer to session agenda.word)

14:00 – 15:30 Lunch at “Doro” Hotel (guest lecturers)

Session 3 Poster presentation (UST- Fitness gym Place)

15:30 – 16:00

Poster Presentation

Moderators: *Prof. Asc.Dr. Musa Selimi; Prof. Asc. Stevo Popovic Phd, Prof.Dr. Ylli Zhurda*

16:00 – 18:30

visiting the center and mosaic of Tirana

departure from Sports University of Tirana (free)

**19:00 – 21:00 Official Reception from the Rector of UST, Prof. Dr. Agron Cuka
at Sport University of Tirana (Place:Fitness Gym)**

Saturday 4st November

**Session 4 Social Sciences- Legislation and Sport Management (Rectorate building 3rd floor ,
UST)**

09:00 – 11:00

Moderator: *Dr. Ardelean Viorel Petru; Prof Dr Fatos Gjata*

Oral Presentation (8-10 min presentation+ 2 min discussion)

..in continue oral presentations (refer to session agenda.word)

11:00 – 11:30 Coffee break

Session 5 Physical Activity and Health (Rectorate building 3rd floor , UST)

11:30 – 13:00

Moderator: Prof As Bexhet Toci; Prof Asc Dr Ferdinand Canaj

Oral Presentation (8-10 min presentation+ 2 min discussion)

..in continue oral presentations (refer to session agenda.word)

13 00- 13 30

Closing remarks

Prof Dr Agron Cuka, Rector/ President ICSS 2017/ Prof Asc Dr Juel Jarani

14 00- Departure

Prof Dr Agron Cuka

President ICSS 2017

Rector Sports University of Tirana